

Dear Students,

The teachers are available for consultation during the indicated time and day of the week as indicated below. They are likewise available during **Cooperative Learning Time** which is conducted every **Monday of the Examination Week from 7:30 -8:20**. Should you need to consult them outside their consultation periods please make an appointment with them *at least a day* before your desired consultation. Otherwise, teachers may not be able to accommodate you.

Please refrain from submitting class requirements during consultation periods. Instead, *submit these during your class period in the classroom*.

We encourage all students to maximize the consultation periods. The teachers appreciate very much students who strive to learn and who show initiative and desire to improve in their academic performance.

This is also the teachers' way of developing among the students the following:

1. the skill to identify one's own learning difficulty
2. self-confidence to approach teachers and collaborate with them for better learning
3. the ability to follow guidelines and agreements
4. the capability to set and keep appointments with persons in authority

Thank you very much and see you in the consultation venues.

The High School Faculty

Consultation Venues

The teachers of the following areas conduct their consultation periods at the **Activity Room**:

Religion

English & Speech

Filipino

Social Studies

MAPEH

Math Teachers conduct their consultation periods at the **Math Consultation Room**.

Science Teachers conduct their consultation periods at the **Science Research Office**.

Computer Teachers conduct their consultation periods at the **Computer Laboratories**.

TLE Teachers conduct their consultation periods at the **Sewing Room**.

**TEACHERS' CONSULTATION PERIODS
SY 2017 -2018**

<i>TEACHER'S NAME</i>	<i>SUBJECT</i>	<i>DAY</i>	<i>TIME</i>
Religion			
Ms. Jocelyn Legaspi	Religion Gr 7	Tuesday Thursday	9:10 – 9:30 9:10 – 9:30
Ms. Ana Andes	Religion Gr 7 Religion Gr 8	Thursday Wednesday	9:10 – 9:30 9:10 – 9:30
Mr. Jomari Rualo	Religion Gr 8	Wednesday Thursday	9:10 – 9:30 9:10 – 9:30
Mr. Andy Naig	Religion Gr 9	Tuesday Wednesday	9:10 – 9:30 3:20 – 4:00
Mr. Cyrus Valencia	Religion Gr 9	Monday Tuesday	9:10 – 9:30 9:10 – 9:30
Ms. Rosario Glenda Cordero	Religion Gr 10	Wednesday Thursday	12:20 – 12:40 12:20 – 12:40
Mr. Arvin Lising	Religion Gr 10	Wednesday Wednesday	9:10 – 9:30 12:20 – 12:40
CA English			
Ms. Doris Jose	Speech Gr 7 Speech Gr 8	Monday Wednesday	12:20 – 12:40 3:20 – 4:00
Ms. Jo Ann Marie Belinario	English Gr 7	Monday Friday	12:20 – 12:40 9:10 – 9:30
Mr. Kevin Denzel Gan	English Gr 8	Wednesday Thursday	3:20 – 4:00 12:20 – 12:40
Ms. Patricia Billones	English Gr 8	Monday Friday	12:20 – 12:40 12:20 – 12:40
Ms. Cassandra Vergara	English Gr 9	Monday Friday	12:20 – 12:40 12:20 – 12:40
Ms. Pauline Jonashe Alvarez	English Gr 9	Tuesday Thursday	9:10 – 9:30 9:10 – 9:30
Mrs. Shirley Carpeso	English Gr 10	Tuesday Thursday	9:10 – 9:30 9:10 – 9:30
Mrs. Cristina Obillo	English Gr 10	Monday Friday	9:10 – 9:30 9:10 – 9:30
Ms. Mika Patricia Pangilinan	English Gr 10	Monday Tuesday	12:20 – 12:40 9:10 – 9:30
CA Filipino			
Mrs. Merlita Catindoy	Filipino Gr 7	Tuesday Wednesday	12:20 – 12:40 12:20 – 12:40
Mr. Fred Nunga	Filipino Gr 8	Monday Wednesday	12:20 – 12:40 9:10 – 9:30
Mrs. Christine Villarico	Filipino Gr 7 Filipino Gr 9	Tuesday Monday	12:20 – 12:40 12:20 – 12:40
Mr. Christian George Eppie / Ms. Marissa Gino Cruz	Filipino Gr 9	Tuesday Thursday	9:10 – 9:30 9:10 – 9:30
Ms. Kathlen Juanito	Filipino Gr 10	Wednesday Friday	9:10 – 9:30 12:20 – 12:40

TEACHER'S NAME	SUBJECT	DAY	TIME
Social Studies			
Ms. Joan Doctor	Social Studies Gr 7	Monday Thursday	9:10 – 9:30 12:20 – 12:40
Ms. Sally Jambalos	Social Studies Gr 8	Wednesday Friday	9:10 – 9:30 9:10 – 9:30
Mrs. Teresita Valencia	Social Studies Gr 8	Monday Friday	9:10 – 9:30 9:10 – 9:30
Ms. Delia San Andres	Social Studies Gr 9	Tuesday Thursday	9:10 – 9:30 9:10 – 9:30
Atty. Gerard Michael Zaraspe	Social Studies Gr 10	Wednesday Thursday	9:10 – 9:30 9:10 – 9:30
Science			
Mrs. Lovelene Chua	Science Gr 7 / Science Research Gr 7	Tuesday Wednesday	9:10 – 9:30 9:10 – 9:30
Mr. Dominick Ranay	Science Gr 7 / Science Research Gr 7	Tuesday Thursday	12:20 – 12:40 12:20 – 12:40
Ms. Kristina Reyes	Science / Sci Research Gr 8	Wednesday Friday	12:20 – 12:40 12:20 – 12:40
Ms. Hyacinth Lenderos	Science Gr 8 / Science Research Gr 8	Wednesday Friday	12:20 – 12:40 12:20 – 12:40
Mr. Conrad Capule	Science Gr 9 / Science Research Gr 9	Monday Wednesday	9:10 – 9:30 9:10 – 9:30
Ms. Feby Bhuiyan	Science Gr 9 / Science Research Gr 9	Tuesday Thursday	12:20 – 12:40 9:10 – 9:30
Mr. Rhoy Diaz	Science Gr 10 / Science Research Gr 10	Tuesday Friday	12:20 – 12:40 3:15 – 3:35
Mrs. Dolly Formalejo	Science Gr 10 / Sci Research Gr 10	Thursday Friday	12:20 – 12:40 12:20 – 12:40
Mathematics			
Mrs. Gloria Magcamit	Math Gr 7	Wednesday Thursday	12:20 – 12:40 12:20 – 12:40
Mr. Ivan Cyrus Dalde	Math Gr 7	Wednesday Friday	12:20 – 12:40 9:10 – 9:30
Ms. Jenina Especi	Math Gr 8	Tuesday Friday	9:10 – 9:30 12:20 – 12:40
Ms. Rose Pati	Math Gr 8 Advance Algebra	Monday Wednesday	9:10 – 9:30 12:20 – 12:40
Mr. Ronald Reyes	Advance Algebra	Monday Friday	12:20 – 12:40 9:10 – 9:30
Ms. Louise Lim	Math Gr 9 Geometry	Thursday Friday	12:20 – 12:40 9:10 – 9:30
Ms. Irene Ramos	Math Gr 9	Monday Thursday	12:20 – 12:40 12:20 – 12:40
Ms. Rose Igay	Math Gr 10	Monday Thursday	9:10 – 9:30 12:20 – 12:40
Mr. Prudencio Rodriguez	Math Gr 10	Monday Thursday	12:20 – 12:40 9:10 – 9:30
Mr. Khristoffer Viloría	Math Gr 10– Pull-out Classes	Tuesday Friday	9:10 – 9:30 9:10 – 9:30

<i>TEACHER'S NAME</i>	<i>SUBJECT</i>	<i>DAY</i>	<i>TIME</i>
Technology & Livelihood Education			
Ms. Jan Philline Hernandez	TLE Gr 7	Monday	12:20 – 12:40
	TLE Gr 10	Thursday	9:10 – 9:30
Mrs. Olga Ko	TLE Gr 8	Thursday	12:20 – 12:40
	TLE Gr 9	Friday	9:10 – 9:30
Computer			
Mr. Edgar Talens	Computer Gr 7	Wednesday	12:20 – 12:40
	Computer Gr 10	Wednesday	3:15 – 3:35
Mr. Jeffrey Buñag	Computer Gr 8	Monday	12:20 – 12:40
	Computer Gr 9	Wednesday	9:10 – 9:30
Physical Education & Health			
Ms. Jeanlyn Bicaldo	PEH Gr 7	Thursday	9:10 – 9:30
	PEH Gr 8	Friday	9:10 – 9:30
Ms. Vanessa Alonzo	PEH Gr 9	Wednesday	9:10 – 9:30
		Friday	9:10 – 9:30
Ms. Angelica Banta	PEH Gr 10	Thursday	9:10 – 9:30
		Friday	12:20 – 12:40
Music			
Mrs. Rosanna Turingan	Music Gr 8	Tuesday	9:10 – 9:30
	Music Gr 9	Wednesday	9:10 – 9:30
Mrs. Quennie Miranda	Music Gr 7	Wednesday	9:10 – 9:30
	Music Gr 10	Friday	9:10 – 9:30